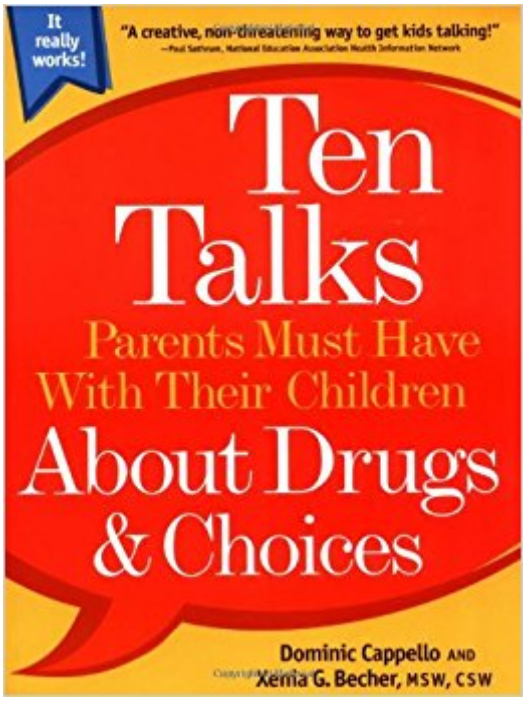
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Ten Talks Parents Must Have Their Children About Drugs & Choices (Ten Talks Series)



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Synopsis

You know you need to talk to your kids about drugs. But where do you even start? Ten Talks offers practical advice on how to begin and what to say -- not just about drugs, but about peer pressure, stress, health, the law, and mixed messages in the media. Ten Talks is easy to use, with family-tested strategies for kids of all ages. You'll find excerpts from real family talks, helpful tips from other parents, and illustrated activities you can do with your child. Ten Talks will help keep your kids safe in complex world.

Book Information

Series: Ten Talks Series

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Customer Reviews

"A creative, non threatening way to get kids talking!" -- Paul Sathrum, National Education Association health Information Network"These ten talks will save children's lives." -- Lynn Delevan, director, Center for Social Emotional Learning

Dominic Cappello designs safety, health, and communication programs for parents and educators. He's the author of Ten Talks Parents Must Have With Their Children About Sex and Character, and the creator of the National Education Association's "Can We Talk?" family programs. He's appeared on Oprah, Today, and ABC News. He lives in New York City. Xenia G. Becher, MSW, CSW, is a community mental health educator with Contact Community Services in Syracuse, New York. She is an educator in the areas of parent-child communication, youth development, alcohol and drug

abuse prevention, and comprehensive health promotion. She lives in New York with her husband and three children.

If parents play an active role in their children’s lives, their children will come to know that they can depend on their parents, especially during times when difficult choices need to be made. Playing an active role involves discussing important matters, such as making choices about drugs and other important related issues that face our children today.In the book, "Ten Talks Parents Must Have With Their Children About Drugs and Choices," parents are given many situations and examples to help initiate such important discussions with their children. Drug use, peer pressure, and other negative influences are covered, and examples from other parents are given so readers can try a variety of different methods with their own children. The book explains what drugs are, how they alter your feelings, about making choices, and more. Readers can find solutions by learning how other parents have handled similar situations.My ParenTime recommends the book, "Ten Talks Parents Must Have With Their Children About Drugs and Choices" by Dominic Cappello and Xenia G. Becher, MSW, CSW -- it is clearly written and easy-to-understand, direct, and very helpful. Most importantly, it provides solutions on how to "teach" children how not to make negative choices.

Money well spent . . . I liked the no-nonsense approach. Tried several of the talks and SURPRISE my daughter actually responded. I also liked hearing from other moms about their experiences. It’s a fast read and the illustrations are so much fun. I wish I would have had this book two years ago when my daughter started middle school and being exposed to drugs and whatever.

I have two high school boys who are impossible to talk to. But this book gave me lots of ideas for starting conversations about alcohol and drugs. Actually the book got me thinking about what my parents said to me (or didn’t) about drugs! Worthwhile reading.

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